

THE RALEIGH SCHOOL OF GYMNASTICS

919-878-8249

4724 Hargrove Rd. Raleigh, N.C. 27616

2018 High School State Meet Schedule

(Schedule subject to Change)

January 26-27, 2018

Warm Up/Compete Format – 1 min per

Friday, January 26th

Session 1:

Small Teams: Apex, Athens, Enloe, Clayton, Harnett Central, Wake Forest, Lee County, Corinth Holders, Green Hope, Holly Springs, Middle Creek, Riverside, Wakefield, Knightdale, Rolesville, Cleveland (max 64)

All-Stars: Laney, Hoggard, Croatan, Princeton, Southern Lee, Jordan, Southeast Raleigh, Wake Forest, Wakefield, Neuse Charter (max 20)

Open Stretch:	5:30-6:00
March-In:	6:00-6:16
Meet:	6:15-9:30
Awards:	9:30-10:00

Saturday, January 27th

Session 2:

Large Teams: Fuquay, Panther Creek, Leesville, Friendship, West Johnston, Millbrook (max 30)

Gym Opens:	8:30am
Open Stretch	9:00-9:30
March-In:	9:30-9:45
Meet:	9:45-12:00
Awards:	12:00-12:30

*****Coaches are to have all athletes' music on one device. Please do not stream from YouTube videos. You may lose connection or it could buffer in the middle of the routine*****